Time	Thursday, November 7th 2024	Friday, November 8th 2024	Saturday, November 9th 2024	Sunday, November 10th 2024
09:00 - 12:30		Symposium - Institute for Medical Research and Occupational Health: Scientific research in the field of occupational and environmental medicine: current affairs and application in practice Workshop 1: Measuring the parameters of the protective skin barrier as a tool for the prevention of occupational skin diseases Workshop 2: Functional respiratory system diagnostics in the outpatient ccupational and sports medicine clinic: performing spirometry with a bronchodilator test	Symposium of the Croatian Society for Sports Medicine Current affairs in sports medicine Workshop 3: Promotion of health- oriented physical activity through Nordic walking	Workshop 6: Psychological support for employees in harm reduction of stress at work
12:30 - 14:00		Lunch	Lunch	Closing ceremony Meeting of the board of directors of the Croatian Society for Occupational Medicine
14:00 - 18:00	Sponsored lectures	Introductory lecture by a representative of the Ministry of Labour Oral presentations of Congress participants	Oral presentations of Congress participants Poster presentations with guided discussion Sponsored lectures	
18:00 - 20:00	Ceremonial opening of the Congress Plenary lectures: UEMS (Prof. Dr. Gobba) SEENWH (Prof. Dr. Mijakoski)	Symposium of the youth section of the Croatian Society for Occupational Medicine	Workshop 4: Communication skills in the working environment (up to 20 participants) Workshop 5: Exercise at the desk	Field trip
20:00 -	Welcome party	Dinner Pub quiz (21:00)	Gala dinner	
Poster display				